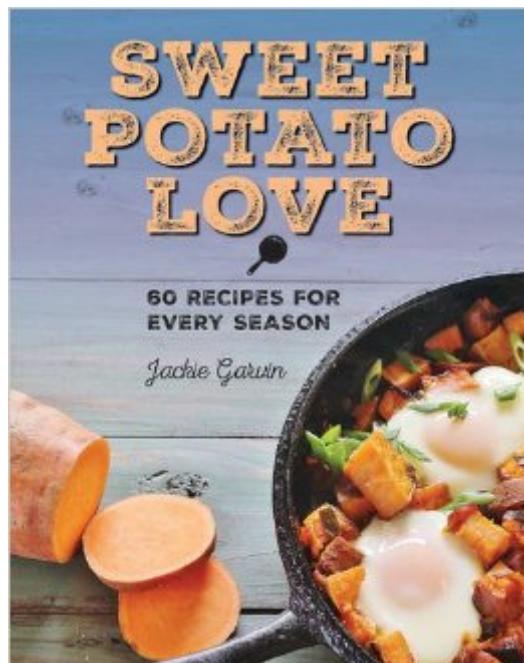


The book was found

Sweet Potato Love: 60 Recipes For Every Season



Synopsis

Easy recipes for chefs of all levels and fans of the true star of the fall season: the sweet potato! Sweet potatoes have always been part of our country's history. While they quickly became a beloved part of the diet of United States Southerners, they weren't always appreciated by the rest of us. In recent years, we've all come to our senses and promoted these root vegetables to the rock star status they deserve. In addition to their versatility and taste, sweet potatoes are a powerhouse of nutrition and have been named one of the ten most important vegetables globally. *Sweet Potatoes: 60 Recipes for Every Season* contains more than sixty sweet and savory recipes with emphasis on seasonal ingredients. Along with several variations of sweet potato pie, you'll find creative recipes for tasty dishes such as: sweet potato cornbread, pulled pork tacos with sweet potato slaw, apple brined chicken and sweet potato skillet dinner, maple sweet potato granola, sweet potato apple butter and more! Whether you're a vegetarian, athlete, picky eater, or cast-iron enthusiast, you'll discover recipes that will easily become staples in your meal rotation. It can fit into the nutrition plan for every lifestyle and taste preference across the country. Alongside these delicious sweet and savory recipes, author Jackie Garvin also provides a narrative with full-color photographs explaining the life, from harvest to shipment, of the sweet potato.

Book Information

Hardcover: 184 pages

Publisher: Skyhorse Publishing (September 6, 2016)

Language: English

ISBN-10: 1510709665

ISBN-13: 978-1510709669

Product Dimensions: 7.8 x 0.9 x 9.6 inches

Shipping Weight: 1.6 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #549,485 in Books (See Top 100 in Books) #53 in Books > Cookbooks, Food & Wine > Cooking by Ingredient > Potatoes #462 in Books > Cookbooks, Food & Wine > Entertaining & Holidays > Seasonal #507 in Books > Cookbooks, Food & Wine > Cooking by Ingredient > Vegetables

[Download to continue reading...](#)

25 Potato Salad Recipes - Irresistible Sweet Potato Recipes for Every Occasion: A Cookbook full of

Mouthwatering Potato Recipes Sweet Potato Love: 60 Recipes for Every Season A Wilder Life: A Season-by-Season Guide to Getting in Touch with Nature The Peace, Love & Potato Salad Cookbook Easy Mashed Potatoes Cookbook: 50 Simple and Delicious Mashed Potato Recipes Sweet Mornings: 125 Sweet and Savory Breakfast and Brunch Recipes Tiny Book of Pies: Classic Recipes for Every Season Paleo Soups & Stews: Over 100 Delectable Recipes for Every Season, Course, and Occasion Mashed: Beyond the Potato Outdoor Math: Fun Activities for Every Season Dare to Love: A Sweet Contemporary Romance (Finding Love Book 4) Love of a Lifetime: A Sweet Contemporary Romance (Finding Love Book 3) The Mastery of Matzah: Uncovering the Hows and Whys of this Ancient Flatbread; 3 Master Recipes and 21 Ways to Eat It During the Passover Season The Ultimate AirFryer Cookbook: Over 50 Quick & Easy Low Fat Recipes for Every Day and Every Family Out of Season: The Vanishing Architecture of the Wildwoods A Season of Singing: Creating Feminist Jewish Music in the United States (HBI Series on Jewish Women) Gizzi's Season's Eatings: Feasts and Celebrations from Halloween to Happy New Year The Complete Cook's Country TV Show Cookbook Season 9 Merchant & Mills Workbook: A Collection of Versatile Sewing Patterns for an Elegant All Season Wardrobe The Rookie Handbook: How to Survive the First Season in the NFL

[Dmca](#)